



**Picture  
News**

# Celebrating our Differences and Overcoming Adversity

Friday 6<sup>th</sup> September

Presenters: Katie Harrison, Mrs Booth, and the  
school community at Boston St Nicholas CE  
Primary School



**Welcome  
back!**

#biggestassembly

# We are all in the news today!



[www.bbc.co.uk/newsround/articles/c4gqkjl2x45o](http://www.bbc.co.uk/newsround/articles/c4gqkjl2x45o)

newsround

## Thousands of pupils to join 'respect' assembly after summer riots



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## POWER OF IMAGES



What can you see?

What do you like?

What 3 questions would you like to ask?

What do you think might be happening?



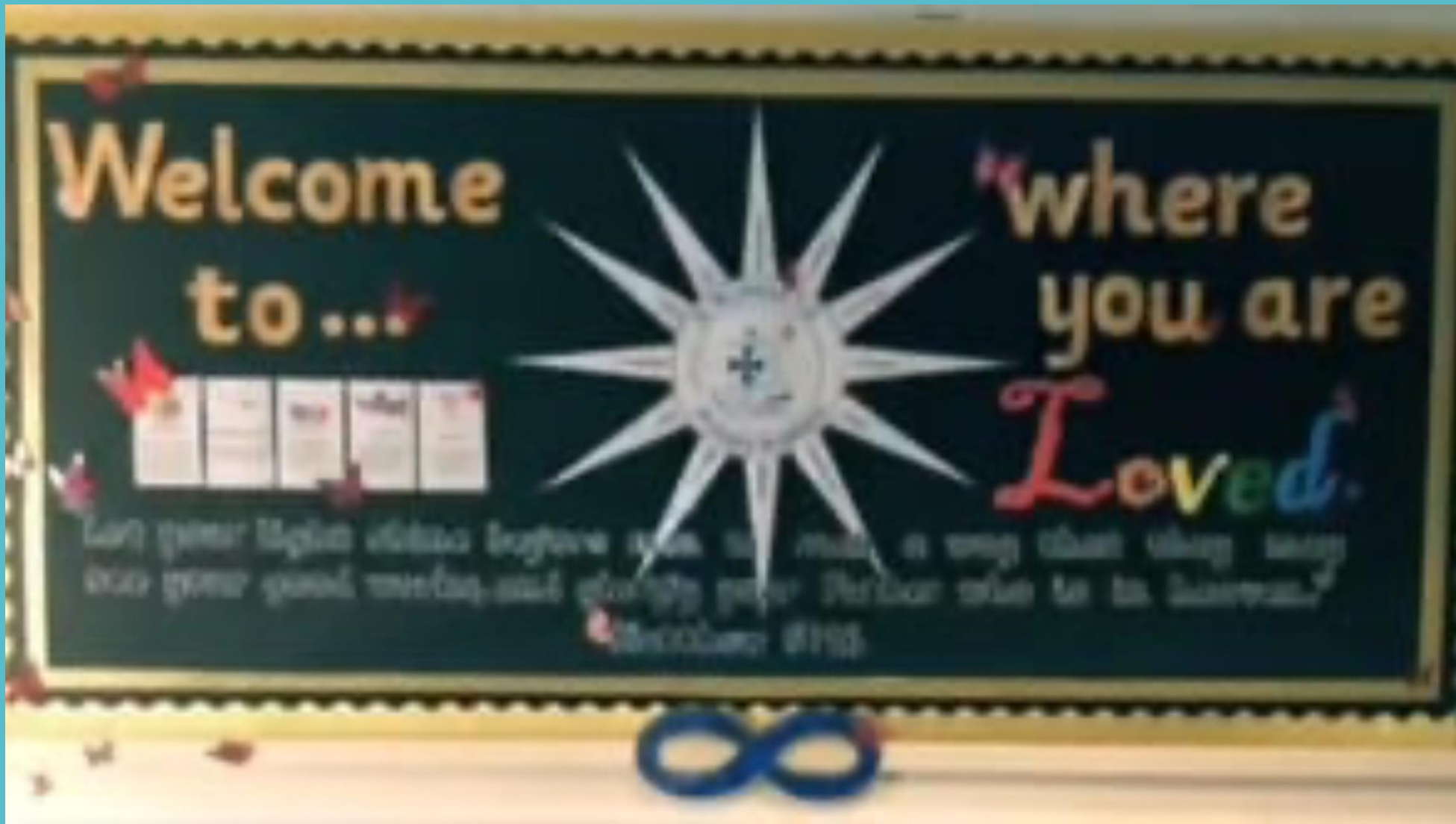


Think about your school community

Who is part of your school community?

What makes us the same as everyone in our school community, what makes us different?

How do you make sure everyone feels welcome, included, happy and safe?



How does your light shine?

Mrs Booth, and the school community at Boston St Nicholas CE Primary School



British  
Values

# Our Shared British Values I Really Do Matter

What do I do if I don't think something is right or fair?

How can I make a difference?

Can I be friends with someone who doesn't believe the same things that I do?

How can my voice be heard?

What matters to me?

## Individual Liberty

- I make the right choices
- I take responsibility for my actions
- I understand the consequences of my actions
- I manage risks
- I know how to exercise my rights and freedoms in an appropriate way

## Rule of Law

- I value and understand the importance of rules and laws
- I follow school rules and understand why there is a consequence if I do not
- I understand that everybody is responsible for rules and laws
- I know rules are there to protect me

## Democracy

- I know I have a voice and my opinions will be heard
- I can listen carefully to others
- I know how to discuss an issue in a calm way and can show respect for others even if I disagree
- My vote counts

## Mutual Respect and Tolerance

- I know my behaviour, actions and words can affect others
- I understand and respect that not everyone is the same as me and everyone needs to be treated as an individual
- I know that life is not the same for everyone
- I understand that people's faiths and beliefs are different and I respect that.





British  
Values

# Mutual Respect & Tolerance

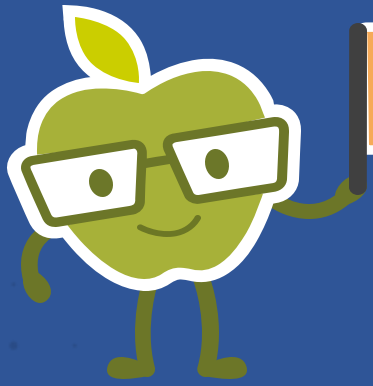
We respect and learn from each other's differences.

We always treat others as we want to be treated.



Our differences make each of us special and unique.

Learning about one another's differences can help us to understand each other better.



What makes us different and how can we celebrate that?

Appearance  
Personality  
Beliefs  
Passions  
Race  
Age  
Abilities  
Likes/dislikes

Can you think of anything else that makes us different?

### Let's celebrate!

- Listen
- Ask questions
- Find out more about different faiths, cultures and experiences others have
- Make everyone feel included, safe and welcome
- Try to understand and share the feelings of others
- Say thank you



We also share lots of similarities.



What are some of the things we have in common?

Sometimes we may face adversity. This is a difficult event or situation.



Have you ever faced a  
difficult situation?  
Were you able to overcome  
it?  
How?



# Emotion response

Sometimes difficult situations are unexpected and can be quite a shock.

## angry

aggravated  
annoyed  
discontent  
disgruntle  
distressed  
exasperated  
frustrated  
indignant  
infuriated  
livid  
offended  
outraged  
resentful  
vexed

## overwhelmed

engulfed  
inundated  
overburdened  
overloaded  
saturated  
submerged  
swamped  
floored  
oppressed

## confused

addled  
baffled  
bemused  
bewildered  
disorientated  
indistinct  
muddled  
mystified  
perplexed  
puzzled

## worried

agitated  
anxious  
apprehensive  
concerned  
disquieted  
distraught  
distressed  
disturbed  
fretful  
nervous  
perturbed  
troubled  
uneasy

## embarrassed

ashamed  
awkward  
chagrined  
demeaned  
discomposd  
humiliated  
self-conscious  
uncomfortable  
uneasy  
unsettled

## sad

despondent  
disconsolate  
dismal  
doleful  
downhearted  
forlorn  
gloomy  
low  
melancholic  
miserable  
tearful  
woeful  
wretched

## disgusted

affronted  
appalled  
horrified  
repelled  
repulsed  
revolted  
sickened  
riled

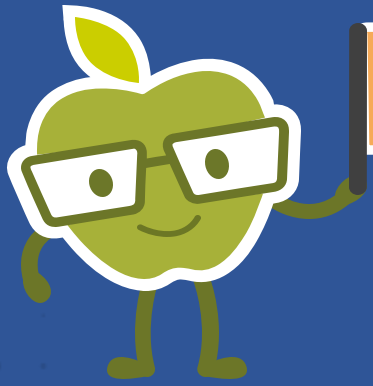


You often do not have control over whether a difficult situation happens.

You often do not have control over how other people respond to difficult situations.

What do you think you can control and manage?





Discuss which of these things may help someone facing adversity.

Determination

Hope

Tolerance

Positiveness

Resilience

Faith

Love

Focus

Respect

Confidence

How might these help?  
Can you think of anything  
else?

Forgiveness





**Can you turn to someone in your community for help? Who?**

**What other benefits do you think there are to being part of a community?**



better  
together

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