Jigsaw Jez's Journey

Relationships

grooming

self esteem

troll

characteristics

personal qualities

trustworthy

online community

age restriction

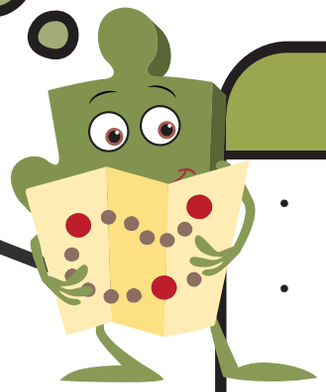
risky

influences

peer pressure

privacy settings

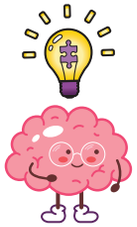
How can I build positive, healthy relationships?



I will explore...

- How to build my self-esteem
- How online communities may be unsafe, uncomfortable, helpful or unhelpful to me
- Online games and how they may be unhelpful or unsafe
- Screen time and how I can look after my health
- How to resist pressure to use technology in a way that may be risky or harmful towards others

I will learn about...



- My characteristics and personal qualities
- Positive and negative consequences of online communities
- Rights and responsibilities in online communities or social networks
- Screen time and how to stay safe when using technology

Jigsaw Jez's Journey

My Thinking Pad

What have I learnt in this puzzle that helps me to build positive, healthy relationships?

My self-esteem is important because...

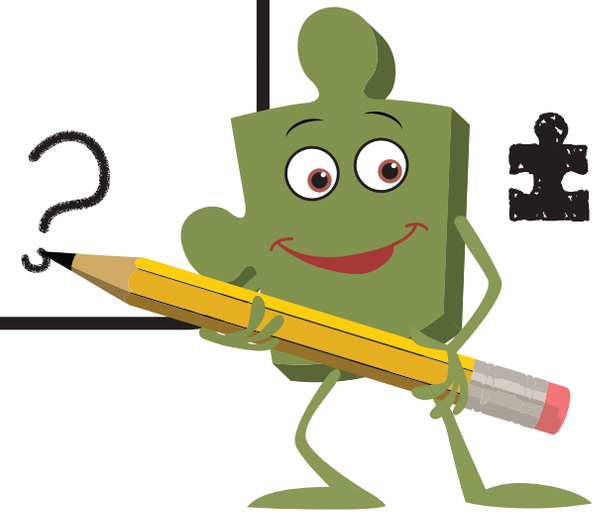
Online relationships can be different to face-to-face ones due to...

I can stay safe when using technology to communicate with my friends by...

Can you talk about a strategy which might help you or others to stay safe online?

How could you help someone resist the pressures to use technology in risky or harmful ways?

Why might technology be risky or harmful towards a person?



Relationships