

How We FLOURISH in PHSE

Term	Nursery	Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 New beginnings/ classroom rules		Who can I trust?	Is it Safe to Eat/Drink? NSPCC Speak out Stay Safe	Is it Safe to Play With? NSPCC Speak out Stay Safe	Relax Kids Leaning Out of Windows. NSPCC Speak out Stay Safe	Coming home on time Relax Kids. NSPCC Speak out Stay Safe	Looking out for others My Bank NSPCC Speak out Stay Safe	Stealing Children's/adults views NSPCC Speak out Stay Safe
Autumn 2		Talk about self in a positive way.	Friendship Anti Bullying Week	Bullying Money Matters Anti Bullying Week	Body Language Touch Anti Bullying Week Relax Kids	Breaking Down Barriers Anti Bullying Week Relax Kids	Inclusion and Acceptance Anti Bullying Week	British Values Anti Bullying Week
Spring 1		Stranger Danger	Online Bullying Relax Kids	Image Sharing	Making Friends Online	Online Bullying	Image Sharing NSPCC Workshop - 2 years	Making Friends Online NSPCC Workshop - 2 years
Spring 2		Sharing	Jealousy	Anger Relax Kids	Grief Money Matters	Jealousy Chores At Home	Anger In-App Purchases Puberty	Relax Kids (SATs)
Summer 1		Keeping Safe in the Sun Healthy Eating and exercise.	Road Safety Water Spillage	Tying Shoelaces Helping Someone in Need	Stealing	Cycle Safety	Peer Pressure Enterprise	Alcohol Worry
Summer 2 Changes and Transition		Changes and Transition Relax Kids	Healthy Eating & Washing Hands	Brushing Teeth	Medicine	Healthy Living Growing and Changing First Aid - Asthma and anaphylactic shock	Appropriate Touch (NSPCC PANTS rule) First Aid - Basic life support	Water Safety Conception First Aid - Head injuries, bleeding, minor burns and scalds, fractures.

NSPCC Speak out stay safe – in school every 2 years. Y5&6 complete workshops.