

How our PSHE Curriculum helps us FLOURISH.

The intention of our PSHE curriculum is to make sure that we equip our children with the right **skills and knowledge to stay safe and achieve their full potential**. We believe that teaching our children to make **informed decisions** should lie at the heart of our teaching in PSHE lessons. The decisions that we make define who we become and the experiences that we will encounter.

F	<p>FOSTERS A LOVE OF READING AND LANGUAGE ACQUISITION</p> <p>Through the teaching of PSHE, children will be exposed to a range of social stories that explore their emotions and help them regulate their feelings.</p>
L	<p>DEVELOPS LIFELONG LEARNERS WITH A THIRST FOR KNOWLEDGE</p> <p>. Children will be equipped with personable skills to become lifelong learners and established members of both the school and wider community. They will be armed with the skills and knowledge to stay safe and healthy whilst making informed decisions to help shape their day to day lives. Children will want to be valuable members of our community and will strive to be the best citizen they can be.</p>
O	<p>GIVES OPPORTUNITIES TO DEVELOP CHILDREN'S CURIOSITY AND CREATIVE THINKING</p> <p>Through the PSHE 1decision lessons, children will be exposed to real life situations and scenarios. They will be given lots of opportunities to be involved in class discussions and debates alongside their peers, listening to a range of ideas.</p>
U	<p>DEVELOPS UNDERSTANDING OF THE WORLD WE LIVE IN, MODERN CULTURAL BRITAIN AND OUR OWN DIVERSE COMMUNITY</p> <p>Our school, like the world we live in, is very diverse. Through PSHE lessons, children will get prepared with the skills to integrate themselves successfully into our world and society. Children learn how to conduct themselves in the complex world we live in. They will be taught inclusively how to treat all people and animals with respect.</p>
R	<p>PROMOTES RESILIENCE AND TRUST</p> <p>PSHE is taught progressively throughout the school and will cover specifics unique to our area. We want children to develop independence, resilience, respect, trust, social justice and tolerance. Teaching is designed to take account of our progression documents to ensure age appropriate content. The curriculum will demonstrate appropriate subject knowledge and understanding to fulfil the duties of the Relationship and Sex Education (RSE). Children will be exposed to a 'Growth mindset' way of thinking and will be reminded to keep on trying, even when things are difficult to promote and develop their resilience and tolerance.</p>
I	<p>DEVELOPS THE WHOLE INDIVIDUAL – VALUES, ATTITUDES AND CHARACTER</p> <p>Through this subject, at Linaker we aim to promote children's knowledge, self esteem, emotional wellbeing and resilience, and to help them to form and maintain worthwhile and positive relationships. Children will be taught to have respect for themselves, and for others, within our local, national and global communities. We aim to develop key character skills, including decision making, informed risk taking, good communication, and self-regulation strategies. We encourage the exploration of, and respect for, values held by different cultures and groups within our local community, and promote the development of positive attitudes. We encourage honesty and respect in all relationships, and nurture sensitivity to the needs and feelings of others.</p>
S	<p>BUILDS UPON SKILLS AND KNOWLEDGE</p> <p>We aim to build on children's social skills from as soon as they start Linaker Primary School. From the Early Years through to the end of KS2, children are taught PSHE and they have plenty opportunity to build on their skills and knowledge. Key skills are woven into the 1decision topics and explored as pupils relate to the moral, social and cultural issues that are part of growing up. PSHE learning is not restricted to the classroom, with valuable discussions taking place at any given opportunity.</p>
H	<p>ENCOURAGES A HEALTH OF MIND AND BODY</p> <p>We plan and deliver lessons which enable children to develop a deepening knowledge of their health and wellbeing, including their mental and physical health. We aim to equip children and young people with information, skills and values to understand and to be able to cope with the physical and emotional changes that happen during puberty. The information provided will be relevant and appropriate to the age and maturity of pupils.</p>