

How our PHYSICAL EDUCATION Curriculum helps us FLOURISH.

The intention of our physical education curriculum is to develop physical literacy through a holistic, knowledge-based design. In EYFS, our children develop their fine and gross motor skills in order to participate in non-sport specific team and individual games. At KS1, we aim to provide children with the foundations to become adept at a wide range of sports through a broad, non-sport specific approach to PE. In KS2 we combine the knowledge and skills developed at KS1 with a sport specific approach to prepare the children for competitive events, including swimming lessons in each year group. We have strong links with many clubs in our local community that enable our children to take their skills further with specialist coaches. An important part of PE delivery at Linaker, is teaching the pupils the importance of looking after their own body, and the benefits of exercise and a balanced diet.

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| F | FOSTERS A LOVE OF READING AND LANGUAGE ACQUISITION |
| | Children will communicate with each other to evaluate their own and others performances. Children will read instructions to set up and follow, as well as using subject specific vocabulary.. |
| L | DEVELOPS LIFELONG LEARNERS WITH A THIRST FOR KNOWLEDGE |
| | Physical Education is an integral part of our curriculum that is inclusive and engages all pupils, in a supportive and challenging environment. They are exposed to a range of sports activities which will encourage children to continue with physical activity through after school clubs beyond school. |
| O | GIVES OPPORTUNITIES TO DEVELOP CHILDREN'S CURIOSITY AND CREATIVE THINKING |
| | We want to provide children with a range of experiences and allow them to develop their skills, movement, as well as to develop and apply their interpersonal skills, including determination, self-belief, honesty, teamwork and respect. |
| U | DEVELOPS UNDERSTANDING OF THE WORLD WE LIVE IN, MODERN CULTURAL BRITAIN AND OUR OWN DIVERSE COMMUNITY |
| | Children will have the opportunity to compete against other children and will show understanding of the diverse community. |
| R | PROMOTES RESILIENCE AND TRUST |
| | Children will be physically active for sustained periods of time. Children will develop good team skills and be supportive of others becoming good team members. |
| I | DEVELOPS THE WHOLE INDIVIDUAL – VALUES, ATTITUDES AND CHARACTER |
| | We want children to apply their skills individually and in teams. We want children to use self-evaluation to analyse their own learning and look at ways of improving themselves. |
| S | BUILDS UPON SKILLS AND KNOWLEDGE |
| | We want children to have the chance to complete at a variety of levels. We want children to develop the ability to make informed decisions on, and appropriate selection of, actions, movement patterns, resources and methods of working. |
| H | ENCOURAGES A HEALTH OF MIND AND BODY |
| | We encourage children to appreciate the physical and mental health benefits of a physically active lifestyle now and in the future. |